

HOT TO TROT

MENU

Bogan Butty - Streaky bacon, egg with tomato relish in a toasted or not, white bread sandwich **\$5**

Hound Dog - Saucey sausage, slaw & relish in a sweet soft bun **\$5**

Vicstar's Hash Slice - Cheese, carrots, courgettes, parsnips, pineapple mixed with egg, a dash of chilli and herbs, baked on a hashbrown base **\$5**

La Bamba - Burrito filled with sausage, egg, cheese, fried potato, refried beans with salsa in a toasted wrap **\$8**

Splish Splash - Battered or Grilled fish on a slaw base, mango relish or choose your dressing, served in a soft Taco **\$8**

Spankin' Jacket Spud - Filled with either: Sour cream, sweet chilli sauce & cheese /vegetables & relish/ chilli mince or any of our meat & sauce selection **\$8**

Beauty Bagel - Choose from: Avocado, tomato, basil & olive oil/cream cheese, smoked salmon, capers/Peanut butter, banana, cinnamon / Hummus, spinach, sundried tomatoes, olives **\$10**

Sweet Caroline Hash - Corned Beef, cubed potato on the grill, served with tomato, egg, spinach on top & home-made mustard sauce **\$15**

Whole Lotta Rosie Cubano - Pulled Pork cooked in sassy Cuban spices, served with layers of mustard, gherkin, cheese & ham served in toasted ciabatta **\$15**

TTT Titillater - Beef brisket rubbed with Texan BBQ spices, then cooked in a smokin' sweet hot marinade. Served in a baquette with slaw, sauerkraut base and mayo mix **\$15 full**
\$8 half

Trucker Plucker - Moroccan flavoured Chicken tenderloin served in a baguette with a slaw, sauerkraut base & citrus dressing **\$15 full**
\$8 half

Wiggly Pig - Pulled pork, apple sauce & gravy served in a baguette with a slaw, sauerkraut base **\$15 full**
\$8 half

Yakety Yak - Southland silverside cooked by Nana's recipe, served in a baguette with slaw and sauerkraut base, dressed with homemade mustard sauce **\$15 full**
\$8 half

ADD BACON BITS, EGG, MUSHROOMS OR CHEESE + \$2 EA
EXTRA SAUCES, RELISHES AND GRAVIES + 50C EA

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TTT POKE BOWL

A dish of hot and cold, sweet and spicy, meat or fish, vege & fruit are mixed together and served on a hot rice base. Follow the steps and choose from the selections below or trust us to do it for you..... Yummo **\$15**

Step 1 choose your base (220 - 250gms per serve)

White Rice, Black Rice, Brown Rice
Rice Mixture (quinoa, grains)

Step 2 choose your protein (approx 120gm per serve)

Smoked Salmon, Prawns
Chicken, Beef, Pork

Step 3 choose your toppings (subject to availability)

Cucumber
Shredded Carrot
Edamame Beans
Sweet Corn
Avocado (\$2)
Balsamic Mushroom (\$2)
Seasonal Fruit (or dehydrated)
Shredded Coconut
Spring Onion

Step 4 choose your dressing

Wasabi mayo, Beetroot mayo
Sriracha Aioli, Ginger Miso
Japanese, Sweet Chilli

Step 5 toppings

Sesame seed, Seaweed Nori
Wasabi Peas, Spicy Beans, Chilli peas

TTT MEAL COMBO

Choose your own meal combination from our salads, vege, protein and carbs

\$5 per serve of each component

Choose your combination from below

White Rice
Black Rice
Brown Rice
Rice Mixture (quinoa, grains)
Mash Potato
Cubed Potatoes
Vicstar Hash
Moroccan Chicken
Tuna
Grilled or battered fish
TTT Beef
Cuban Pulled Pork
2x Salad (vego friendly style)
Slaw & sauerkraut
Choose dressings at pickup

TTT SALAD BOWL

Choose from our 3 fresh salads - TTT slaw and 2 other vego friendly options that will chop and change to keep life interesting. A single serve of each for your bowl or maybe more of one than the other or add a serve of anything else you like

\$5 per serve of each component
(3 serves of approx 250gm per bowl)

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DRINKS, SNACKS SWEET TREATS

MENU

COFFEE & TEA

Large \$5 / Regular \$4.50

Flat White / Latte / Cappucino / Mochacino /
Hot Chocolate

Kenya Bold / Dilmah tea / Herbal

Regular \$4

Long Black / Espresso / Machiato / Americano

Extra shot / Chai shot / Caramel shot **\$1**

Almond / Coconut / Soy **\$1**

Bottled Water **\$2.5**

LICKITY LIPS SWEET TREATS AND SNACKS

Protein Bars **\$4**

Bliss Balls **\$4**

Slices or Biscuits **\$4**

Cake of the day **\$6**

add yoghurt **\$1**

Vege sticks & florets with hummus **\$5**

Rice cakes x2 **\$3**

Fruit Salad **\$5**

Piece Fruit **\$2**

Boiled Egg **\$2**

BUBBLE TEA

500ml \$6.50 / 700ml \$7.50

Jasmine tea base

Passionfruit Mango / Green Apple Pineapple

Strawberry Raspberry / The Pacific Wave

(Some fizzy options)

Black tea base

Brown Sugar / Bubble Original/Caramel

Non dairy creamer base

Creamy Taro / Creamy Honeydew / Creamy

Strawberry / Creamy Mango

Boba Balls - Mango, Strawberry, Blueberry,

Passionfruit and Chewy Mango balls

Brown Sugar Balls, Coffee Jelly

SMOOTHIES

700ml \$9

Tropical Fruit, banana, spinach, coconut
water, yoghurt

Blueberry, banana, spinach, coconut
water, yoghurt

Add protein powder, raw egg, peanut butter,
cacao powder, chia seeds, almonds or
avocado **\$1 each**

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